



CERTIFICATE

OF PARTICIPATION

This is to certify that

Helen Kock

Has successfully participated & completed the

45km Sondela Extreme MTB 2021

held at Sondela Nature Reserve.

TIME 02:26:32

PACE 18.43km/h

GENDER 9 of 31

OVERALL 41 of 120 SUB VETERAN 4 of 9

27 March 2021, Sat

Date





Signature

